

Meditation
&
Recitation
of
Solitary
Vajrasattva

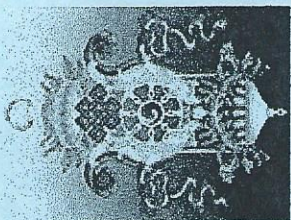
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*Meditation and Recitation
of
Savitary Vajrasattva*



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May the precious Bodhichitta
Not yet born, be born.
May that which has been born
Not decline, but ever increase.



The Power of Resolve

Prayer of Resolve

Out of unknowing and confusion,
I have transgressed and broken my commitments.
O Guru Protector, please guide me.
Principal Holder of the Vajra,
To you whose nature is great compassion,
Lord of all beings, I go for refuge.

With a loving smile and radiating wisdom light,
Vajrasattva praises your efforts and accomplishments,
then says, "My spiritual child of the lineage, all your
negativities, obscurations, and degenerated vows have
now been completely purified."

Absorption

With delight, Vajrasattva melts into light and dissolves
into me. As a result, my body, speech and mind
become inseparably one with the body, speech and
mind of Vajrasattva.

Dedication

By this virtue may I quickly
Become Vajrasattva
And lead every living being
Without exception to that state.

Meditation and Recitation of Salitany Vajrasattva

The Power of Reliance

Taking Refuge and Generating Bodhicitta

I go for refuge to the three rare and sublime jewels.
I shall liberate all sentient beings and lead them to the
state of enlightenment.
I shall perfectly develop the mind of enlightenment.
(3X)

Visualizing Vajrasattva

On my crown, from a syllable PAM, appears a lotus.
And from a syllable AH, appears moon disc. Above
this moon mandala arises a syllable HUM which
transforms into a five spoked vajra marked with a
syllable HUM at its hub. From this HUM light rays
radiate out and perform the two functions (benefiting
all beings and making offerings to the Buddhas and
Bodhisattvas). These light rays gather back into the
syllable HUM which then transforms into Vajrasattva,
whose body is white in color, with one face and two
hands. In his right hand he holds a vajra at his heart.
In his left, a bell at his hip. He is adorned with various
precious ornaments and clothed in beautiful silks. His
body bears all minor and major marks of an
enlightened being. He is seated in the vajrasana
position. At his crown is an OM, at his throat an AH,
and at his heart a HUM. From the white HUM
syllable above the moon disc at his heart light rays
radiate out and invoke the wisdom beings.



Offering

OM VAJRASATTVA SAPARIVARA ARGAM
PRATICHA HUM SVAHA
OM VAJRASATTVA SAPARIVARA PADYAM
PRATICHA HUM SVAHA
OM VAJRASATTVA SAPARIVARA PUSHPE
PRATICHA HUM SVAHA
OM VAJRASATTVA SAPARIVARA DHUPE
PRATICHA HUM SVAHA
OM VAJRASATTVA SAPARIVARA ALOKE
PRATICHA HUM SVAHA
OM VAJRASATTVA SAPARIVARA GANDHE
PRATICHA HUM SVAHA
OM VAJRASATTVA SAPARIVARA NAIVIDYA
PRATICHA HUM SVAHA
OM VAJRASATTVA SAPARIVARA SHAPTA
PRATICHA HUM SVAHA

DZA HUM BAM HO, they become inseparably one.

Again, light rays radiate out from the syllable HUM at the heart of Vajrasattva at my crown and invoke the empowering deities. By supplicating the deities to confer the empowerment upon Vajrasattva, they do so by holding vases filled with wisdom nectars and expressing OM SARVA TATHAGATA ABHISHEKATA SAMAYA SHRITYE HUM, filling his body with the wisdom nectars, which overflow, transforming into Akshobhya, adorning the crown of Vajrasattva.

The Power of Regret

Requesting Purification

O Bhagawan Vajrasattva, please cleanse and purify all negativities, obstructions, degenerated and broken commitments of myself and all others.

By supplicating in this manner light rays radiate out from the syllable HUM at the heart of Vajrasattva, cleansing the negativities and obscurations of all sentient beings and presenting offerings that delight all the Buddhas and Bodhisattvas. All the blessings, potential, and powers of the Buddhas and Bodhisattvas are invoked in the form of light rays which dissolve back into the HUM and the mantra rosary which surrounds it, enhancing Vajrasattva with the marvelous qualities of magnificence, brilliance and power.

The Power of Remedy

Mantra Recitation

OM VAJRA SATTO SAMAYA MANU PALAYA
VAJRA SATTO TENOPA TISHTA DRIDHO ME
BHAWA SUTO KHAYO ME BHAWA SUPO
KHAYO ME BHAWA ANU RAKTO ME BHAWA
SARWA SIDDHI ME PRAYANTSA SARWA
KARMA SUTSA ME CHITAM SHRIYAM KURU
HUM HA HA HA HO BHAGAVAN SARVA
TATHAGATA VAJRA MAME MUNTSA VAJRA
BHAWA MAHA SAMAYA SATTO AH HUM
PHAT